



GUELPH OFF-ROAD BICYCLING ASSOCIATION

2026 EPIC & MTB Festival

Sunday, September 20th, 2026 - Guelph Lake MTB Trails

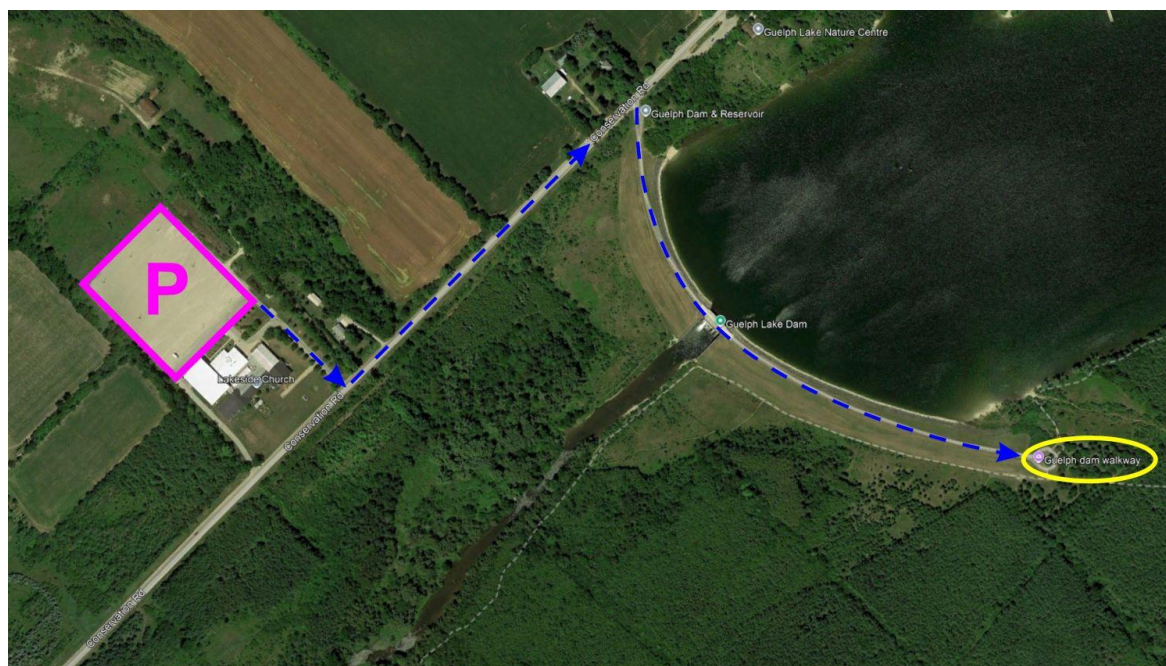
Participant Information

Location and Parking

The gathering area will be located at the end of Guelph lake's main dam walkway [shown in yellow].

Parking is available a short distance away at Lakeside church on Conservation Rd. [shown by the pink P] We are only permitted to park in the back ½ of the lot (please be courteous and **fill the lot from back to front**).

Here is the google pin for the church: [Lakeside Church](#)



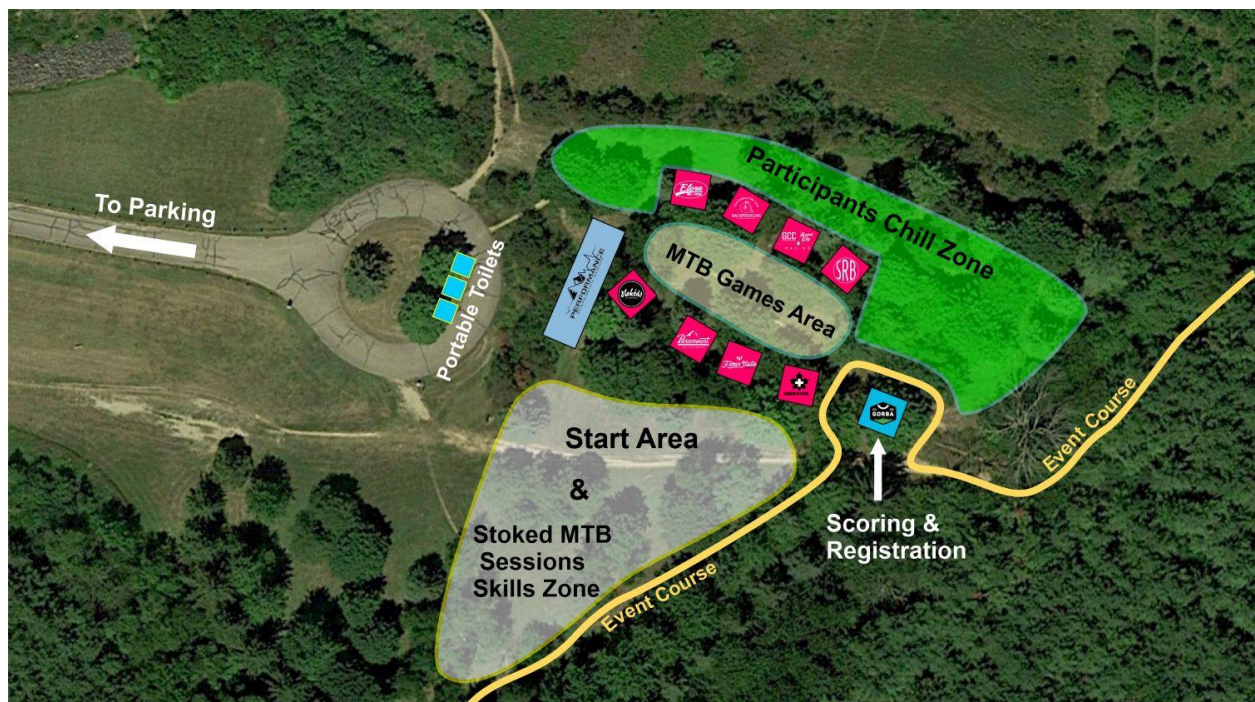
We will have one or two vehicles/trailers available to shuttle chairs, coolers, etc. across the dam but you will need to ride or walk your bike [shown by the blue arrows] to the gathering area.

No personal vehicles will be permitted across the dam.

Park at the church, load your stuff with one of our volunteers into the shuttle truck, ride across the dam and meet your stuff at the end of the walkway.

Pack light and be prepared to get your items across the dam; use a bike trailer, wagon, etc. If you are counting on the shuttle, arrive early and be patient. The use of the shuttle is not guaranteed as there will be ~ 150 participants at this event.

Below is the map of the MTB festival area. Please set yourself up in the Participants Chill Zone.



Schedule of events

8:00 - 9:30 - Arrive or park & use shuttle (if needed) to cross dam.

8:00 - 9:30 - Pick up **Registration Package** at GORBA Scoring Tent

9:45 - Rider's meeting - at start area

10:00 - Event ride starts - Le Mans style

10:30 - MTB Games and demos begin

12:00 - Noon and onwards - food handed out to participants

4:00 - Event ride finishes (no more cards awarded after this time)

4:30 to 5:30 - prizes!

5:00 to 6:00 - shuttle available

How to Ride the Event

- Decide among your team members who will ride in what order and how many laps at a time. Most teams do one lap per member in a rotating order (fast riders take about 30 minutes or so per lap).
- Only one rider of the team can be on the course at a time.
- The first rider of a team, and solo riders, start at 10:00 am.
- Start will be Le Mans style - explained at rider's meeting.
- Once the event has begun, ride the course at a comfortable pace, don't ride 'over your head'. It's not a race.
- A lap is completed by passing by the GORBA Scoring Tent.
- Call out your plate number to the scorers at the tent.
- The scorers draw a playing card and assign it to you and/or your team.
- Your next team member should be waiting near the scoring tent to begin their lap once you have been scored.
- Once the clock ticks past 4 pm no more riders will receive playing cards.
- The team or rider with the best five card poker hand receives the top prize, and so on for subsequent hands.

What to do between laps

Depending on how many team members you have, you may be waiting a bit before it's your turn to ride again. Here's what you can do to keep yourself busy this year:

- Have the lunch provided by GORBA anytime after 12 noon.
- Visit the exhibitors and sponsors.
- Go for a test ride on a demo bike (not on the event course please).
- Talk with the shop owners about bikes.
- Get your bike adjusted by some of the incredible mechanics on site.
- Take part in the MTB games that run continuously through the afternoon.
- Meet with Mel Poel from Stoked MTB Sessions and tryout her skills course.
- Chill with friends and make new ones!

What to bring

- An MTB trail-worthy bicycle in working condition (no e-bikes)
- helmet (required)
- plenty of water/drinks
- snacks
- a chair/blanket
- bug spray and sunscreen
- cash for any on-site snack/ice cream, sales, etc.
- cheering/support crew (dogs on leash only please)

Extra information

- Portable toilets on site.
- Sponsors will be set up on site - please make a point of visiting their booths.
- This event will run rain or shine. We have picked a course that avoids the wettest areas just in case!
- **REMINDER: This is not a race!** We have participants of all ages and abilities who have come to have a fun day on the

trails. Aggressive riding behaviour will result in you being asked to leave.

FIRST AID

- The Canadian Ski Patrol will be on hand to handle minor injuries. You can find them close to the GORBA scoring tent.
- If EMS is required - 911 - event location is Guelph Lake Dam, enter off of Conservation road, proceed across dam to end of road.

Questions?

Email events@gorba.ca with any questions you might have.